



LAMBTON ELDERLY OUTREACH
Frozen Meal Program Order Form

Featuring *Piquette Frozen Meals*

Name: _____ Phone: _____

Address: _____ # Meals: _____ # Soups/Desserts: _____

Order Date: _____

Delivery Date: _____ Client Signature: _____

ENTRÉES \$6.50/EACH

BEEF:

1. _____ Roast Beef
2. _____ Salisbury Steak
3. _____ Meatloaf
4. _____ Sweet & Sour Meatballs
5. _____ Shepherd's Pie

CHICKEN:

6. _____ BBQ Chicken
7. _____ Honey Garlic Chicken
8. _____ Sweet & Sour Chicken
9. _____ Chicken Marsala
10. _____ Chicken Cacciatore

PORK:

11. _____ Roast Pork Loin
12. _____ Pork Chop

FISH:

13. _____ Lemon Pepper Salmon
14. _____ Dill Salmon

PASTA:

15. _____ Meat Lasagna
16. _____ Vegetarian Lasagna
17. _____ Mac & Cheese
18. _____ Three Cheese Penne

SOUPS \$2.00/EACH

1. _____ Chicken Noodle
2. _____ Broccoli Cheddar
3. _____ Tomato Macaroni
4. _____ Cream of Mushroom

DESSERTS

1. CRUMBLES:

- _____ Apple
- _____ Peach
- _____ Cherry
- _____ Blueberry
- _____ Date

2. COOKIES (3 per order):

- _____ Macaroon
- _____ Chocolate
- _____ Sugar
- _____ Peanut Butter
- _____ Gingerbread

3. CAKE/BROWNIE

- _____ Chocolate Cake
- _____ Vanilla Cake
- _____ Brownie

Full meal descriptions are on the reverse side of order form. Meals are subject to change.

A separate menu is available for special diet requests.

**For more information, or to place an order, please phone Lambton Elderly Outreach:
519-845-1353 or toll free 1-800-265-0203**



LAMBTON ELDERLY OUTREACH
Frozen Meal Program Order Form

Featuring *Piquette Frozen Meals*

Entrée Descriptions

- 1. Roast Beef, Red Skin Potatoes & PEI Vegetable Medley**
- 2. Salisbury Steak, Mashed Potatoes & Peas**
- 3. Meatloaf, Mashed Potatoes & Peas**
- 4. Sweet & Sour Meatballs, Wild Rice Pilaf, California Mixed Vegetables**
- 5. Shepherd's Pie**
- 6. BBQ Chicken, Wild Rice Pilaf & PEI Vegetable Medley**
- 7. Honey Garlic Chicken, Wild Rice Pilaf & PEI Vegetable Medley**
- 8. Sweet & Sour Chicken, Wild Rice Pilaf & PEI Vegetable Medley**
- 9. Chicken Marsala & Red Skin Potatoes & Baby Carrots**
- 10. Chicken Cacciatore, Mashed Potatoes & Green Beans**
- 11. Roast Pork Loin, Red Skin Potatoes & PEI Vegetable Medley**
- 12. Pork Chop, Mashed Potatoes & Baby Carrots**
- 13. Lemon Pepper Salmon, Brown Rice & California Mixed Vegetable**
- 14. Dill Salmon, Brown Rice & California Mixed Vegetable**
- 15. Meat Lasagna**
- 16. Vegetarian Lasagna**
- 17. Mac & Cheese**
- 18. Penne – Three Cheese Blend with Cacciatore sauce**